# ELLIS INSIGHT







Paul Milton, President & CEO

# Keeping an Eye to the Future

As we continue to rally all of our resources to address the acute crisis currently impacting our community - and nation, we must keep an eye to the future, so that we can continue to provide the best care to our patients for decades to come.

"As health care leaders in our region, we always look ahead with a focus on what's best for the long-term health of our communities, and evaluate how we are delivering care today and how care can best be delivered in the future," says Paul Milton, President and CEO of Ellis Medicine. "We owe it to the people of the Capital Region to do so."

The past year was pivotal. Ellis' staff served the community during one of the most severe pandemics in our history, and we initiated two major strategic partnerships that will ensure our ability to meet the medical needs of the community with innovative, cuttingedge treatments, the most experienced practitioners, and the closest, most convenient local care centers.

### ROSWELL PARK COMPREHENSIVE CANCER CENTER

Ellis is now partnering with Roswell Park Comprehensive Cancer Center. This collaboration, with a leading and recognized National Cancer Institute-designated center, will improve access to life-saving cancer care in our region for generations to come.

Ellis is creating a medical oncology center that will open on the Nott Street campus this summer. Staffed by Roswell physicians and Ellis clinicians, it will expand regional access to the services and expertise of Roswell Park.

Construction of the 6,000 sq. foot suite will support medical oncology and chemotherapy services, a 12-chair infusion bay, six exam rooms, support groups, and a team of Oncology experts from Ellis and Roswell Park.

Our patients will now have easier access to clinical trials which lead to innovative treatments, as well as the comfort of experienced, compassionate, patient-centered care, close to home. Along with state-of-the-art

medical care, Roswell Park brings with it excellent outreach programs, including community education, cancer prevention, clinical care, and professional education.

#### ST. PETER'S HEALTH PARTNERS

Last year the Ellis Medicine Board of Trustees signed a letter of intent to explore a partnership with St. Peter's Health Partners (SPHP).

The letter of intent moves forward a long-existing relationship between the two health care systems. SPHP and Ellis have worked closely for years on many initiatives including the Innovative Health Alliance of New York (IHANY) and The Alliance for Better Health.

A partnership with St. Peter's Health Partners provides Ellis with access to additional financial and clinical resources that will aid in recruiting physicians, nurses and other providers. Ellis Medicine and St. Peter's Health Partners share a similar culture and community. A collaboration will also increase resources for patients and our community.

Driving these discussions is a shared desire to develop a system that better meets the needs of the community. It will allow us to examine how – together – we can expand and enhance the availability of high-quality health care services in the Capital Region. The signing is the first step in a careful review process.

As progress is made, it is important you know all donations made to Ellis will benefit Ellis and stay in our community, regardless of any affiliation. Your continued support will always be used as you direct.

We are excited about the bright future that lies ahead for Ellis and our ability to bring a full spectrum of comprehensive care to our patients today and tomorrow. Your support makes all of this possible. Thank you.

# Our Community Showed Up to Care for Us

COVID-19 presented challenges to the world, and our own community that we have never face before. This has been a time of uncertainty, grief and fear, but also a time of unification, strength, resolve and courage.

As doctors, nurses, and caregivers bravely tend the sick, countless community members and businesses stepped up to provide essentials to our staff, enabling them to do their jobs safely, and boosting their morale by sustaining their minds, bodies, and spirits through long hours on the frontlines of the pandemic.

Ellis has received donations of more than 35,000 pieces of personal protective equipment (PPE), 12,000 meals, countless gift cards, handmade artwork, and cards of encouragement for our hardworking staff, in addition to generous financial support.

At Ellis, we relish our role as caregivers to our community, but over this last year, our community showed up to care for us.

This extraordinary outpouring of support has confirmed what those of us at Ellis have always believed—we are a fellowship of neighbors. When we all work together, we can face anything.

We are profoundly grateful for your support.

#### Donor list as of January 22, 2021

If your name is missing, we apologize. You are welcome to inform of us of our error by calling 518.243.4600.

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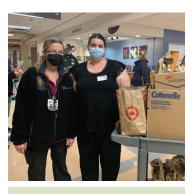
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Lunch was sent for the COVID care teams by a thoughtful family in our community.

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Ellis staff wear PPE at a community testing site.
Donations helped keep our teams and patients safe.

Ant Conway











We are grateful for ice cream from Fred's Tents, meals from AllTown Fresh for the Food Services team, boxed lunches from DiBella's Subs and a special Mother's Day breakfast for the Bellevue team.

Michael Butler Kelly Byrnes Lawrence Callahan Joshua Cantor-Stone CapCom Federal Credit Union Capital Region BOCES Luciano & Santina Capoccia The Carlilian Foundation Carm's Restaurant Mr. & Mrs. Lawrence E. Carrier Tim Carter Adele Cartledge Casa Visco Joanne & Larry Catallo Celadon Thai Centers Health Care The Ball Family Fund The Alexandria Ashkar Tamburello Charitable Fund Charlton Heights Elementary School Madonna Chichester

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Jack Ericson
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Our hard working Nurses and Techs enjoyed a thoughtful meal to keep them fueled during their shift.

Ferraris Ristorante Fidelis Care Donald & Mary Fields Jacob Finch First Advantage Dental Thomas A. Florey Marilyn Foland James & Barbara Follain John Fox Fred's Tents & Canopies Aaron Fried Anthony S. Friello Pastor Michael Fritz Fuccillo Auto Group Richard A. Fuerst, Esq. Joann Galardy S. Joseph Garahan Bruce Gardner Mr. & Mrs. M. Gregg Gau Thomas George Andrew Gerardi Glenn H. Gerber

Karen Gerhardt



The team at Fred's Tents held Scoops for Scrubs at the Medical Center of Clifton Park and the Nott Street campus to show appreciation for front line workers.

caregivers to our community, but over these past months, our community showed up to care for us.

#### **MARCY STEINER**

Executive Director and Vice President

Louis Gilberto Gillette Creamery Girl Scout Troop 1264 Mildred Gittinger Susan Goderie **Audrey Goebel** Leslie P. Gold Victoria & John Gold Allen Gosser The Grand Rehabilitation and **Nursing Center** Great American Cookies and Torey Ronan Greater Capital Association of Realtors Jane Green Marilyn Greenhill Katherine & John Greenthal Greg Greenwald Ursula Greiner Mary Gridley Mr. & Mrs. Daniel L. Grygas Evan Guby George & Leticia Gutchell Habitat for Humanity of Schenectady County, Inc

Kenneth B. Haefner

Gershons Delis

MATERIAL COMPANION OF THE PROPERTY OF THE PROP

Lunch is served thanks to thoughtful community support.

John & Madeline Hahn Jon Hallgren Mike Hayostek Mr. & Mrs. Bruce Heap Dale & Shirley Hedman fund Honorable Guido Loyola & Mr. Leonard Herman **Analine Hicks** Hill & Marks John & Dorothy Hinds Chun-Yu Ho Mr. & Mrs. Gary Hoffmann Marianne Hoale Kathleen Hollingsworth The Hunter Family Wanda Hunter Jory Hutchins Carol Hvde & Saniav Correa I Love New York Pizza Dr. Malene K. Ingram Michael Ippolito J&T Family Cafe/Dairy Circus/ RJH & Son Contracting Jack's Place Jahnel Group Bill Jahnel Darrin & Jennifer Jahnel Donna Jahnel Jason & Laura Jahnel Deodat Jainarine Josh Jameson Pat Jennings Johnny's Anita Hug Jones & Domani Day Spa Bruce Jordan Paul Jureller Indra Kangalee Adolf & Elyse Kapusta Renee Karpierz Katie O'Byrne's Irish Pub & Resturant Arthur Katz Jon Keller Catherine Kelley Dr. Robert & Elaine Kennedy Evelyn Keplinger

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Joseph Lomonaco

Patrick Longo

Lori's Gifts



Our partners at NYSNA provided lunches for our dedicated nurses.

James & Dolores Lotano Eva Lucarelli Jesse Lucier M & T Bank Mr. & Mrs. Norman R. Maender Pooja Manjeshwar





The Clifton Park Primary Care team enjoy ice cream during the *Scoops for Scrubs* event.

Dylan Mann Karrie Marascia Marcella's Restaurant Martin Hardina & Mazzotti Rosemary Mauro Danielle McCarthy Thomas McGarry Suzanne Medler Dawn Meifert Tony Mercadante Ron Metzger Luke Miller

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James E. Murphy

Mr. & Mrs. Hugh Murphy

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Science

Jason Musits

MVP Health Care

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New York State Nurses Association

Newest Lunch/George Plakas

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Panera Bread - Niskayuna

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Domani Day Spa donated gift certificates to COVID care teams to thank them for their life saving work.

Anne & Terry Phillips Elizabeth & Carl Pieper Plug Power Bruce D. Pomeroy Aloysius Posillico Mr. & Mrs. Philip J. Pratico David & Kendra Pratt Luke Prescott Price Chopper/Market 32 John Proctor Progessive Schenectady **PRSA** 

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Schenectady Fire Department Schenectady Police Department

Don & Sarah Schermerhorn

Alex Schnackenberg

Wayne & Cynthia Schneider

Elizabeth Schneider Dan Schuldt

Alice & Alfred Schuman

Pauline Schwartz

Carol & David Schweizer

Trish Scott

Scottish Rite Fraternity

**SEFCU** 

Jared Selengut

Richard & Lynne Semprevio

Nick Seney



Members of the COVID care teams are appreciative and looking forward to some much needed pampering thanks to manicure gift certificates.





Mohawk Honda & Mohawk Chevrolet donated treats from Cookie Therapy for the COVID care teams

Van Shanklin **Sherwin Williams** Nia Shetty Cynthia & Herbert Shultz Silverman Acampora LLP Janet & Hugh Simboli Cindy Skala Phyllis Smalls Kenneth & Patricia Smith Casimir Sobieski Barbara Soldani Martha Spang Linda Spaulding Speedway at Glenville Matt Sphahr Dr. & Mrs. John M. Spring St. Gabriel's Women's Club St. John's Church St. John's Episcopal Ben & Helene Stachewicz Mr. & Mrs. David T. Stafford Paul R. Staines

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Centers
Health Care
treated the
Nott Street
team to ice
cream as a
thank you for
providing
care to our
community.



Kurt & Juliette Swartz Raymond & Carole Sweeney Tohru Takekoshi Ronald & Rosemary Tanski Tara Kitchen Stacy Tasselmyer Third District Dental Society, NY **TIAA Charitable** Emily & Thomas Titsworth Benoit Tonneau, MD Martha Townley Amanda Tran Tri City Valley Cats Kelly Trimarchi Eva Trimboli Charles & Maria Truax TrustCo Bank Corp. Tulip Project Cindy Turgeon James & Jean Underwood **Union College** Union College Chemistry Dept Mrs. Floyd Van Dyke, Jr. Kirk & Bonnie Vanderbogart Mr. and Mrs. Gary Vanderhorst Sue VanWomer and Family

Laura Villari Volunteer Aides of Ellis Hospital Joan Wagner Emile Walraven David & Pamela Walsh Barbara & Jeffrey Walton Carol Weintraub Charles & Joan Welch Jason Williams & Family Selena Whitlingham Mr. & Mrs. William J. Winkler Edwin & Priscilla Winslow Maureen Wiserman Ms. Xianwei Wu John & Mary Wyse Weijun Yin Pat & Bob Youmans Zaitoon Kitchen Susan Zeltmann Steven Zgaljic Frederick Ziemann Inge Zimmerman Zonta Club of Schenectady Jesse Zweigenthal



Ellis employees enjoy donated ice cream.

## Turning to the Expert, David Liebers, MD



Dr. David Liebers, Chief Medical Officer and Vice President of Quality Services/Medical Affairs.

In times of uncertainty, we turn to experts we can trust for knowledge and guidance – that expert for us has been David Liebers, MD.

Dr. Liebers joined Ellis Medicine as an infectious disease specialist in 1987. During his tenure he has held numerous leadership positions, including Chief of Staff and his current role as Chief Medical Officer and Vice President of Quality Services/Medical Affairs.

Dr. Liebers has been our community's own Dr. Fauci, following CDC, national,

state and county leaders and communicating the disease, safeguards and other guidelines for our understanding. His calm demeanor, insight, sound advice and reassurance brings comfort when we have needed it most.

The pandemic is an ongoing and ever-evolving situation. For the lastest information tune into Dr. Liebers' regular video communications on Ellismedicine.org and our Ellis Medicine YouTube



Channel. If you wish to be added to our mailing list to receive the latest video updates directly to your inbox, please email **freare@ellismedicine.org**.

Dr. Liebers encourages everyone to continue to wear a mask, wash your hands, avoid large gatherings, and maintain physical distance from others whenever possible.

We are grateful to Dr. Liebers for his confident and competent leadership.

### **February is Heart Month!**

Heart Disease is one of the leading causes of death in the United States. While the statistics may be sobering, there are lots of simple ways to work on your heart health and positively impact your overall wellness. Kelly Parkes, Physician Assistant in the Ellis Medicine Cardiac Catheterization Lab, offers these tips for increasing your heart health and staving off heart disease:

As a leading cardiac program, The Wright Heart Center at Ellis is ready to care for you and your family. To learn more about cardiac health or how you can support heart health, visit www.ellismedicine.org

### **Heart Health Tips**



1

Stay active, aim for 30 minutes a day of an activity that raises your heart rate



2

Eat plenty of fruits and vegetables



3

Reduce salt in your diet, and pay attention to sodium found in canned goods, frozen dinners, and restaurant meals



4

Make sure to get enough sleep



5

Avoid smoking and secondhand smoke



6

Stay hydrated



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Staying Connected (y) f in BLOG









Support from the community is crucial to helping the Ellis team provide lifesaving care. To make a donation, visit www.ellisfoundation.org — make a onetime gift or sign up to make a monthly gift.

### TO LEARN MORE. CONTACT:

The Foundation for Ellis Medicine at 518.243.4600 or freare@ellismedicine.org

## Planning for the Future...

The future of Ellis Medicine is bright because of the actions of a few...

Individuals and families who choose to leave a legacy, a future gift, to Ellis Medicine ensure that local, dependable, outstanding health care has a solid footing in our community.

Kenneth and Thelma Lally exemplified this kind of foresight and generosity in their lifetimes, and as a result, their impact continues to this day. Throughout their 65 year marriage, Ken and Thelma championed many local institutions and organizations that spoke to their values and passions, Ellis among them. This hardworking couple rose from humble beginnings to a position of tremendous influence in our community. They were unselfishly generous with their energy and support.

Almost 10 years after their passing, the Lallys continue to aid and impact our community through a trust that they created while they were alive.

Ellis' 1885 Society honors exactly this kind of planned gift. The 1885 Society recognizes individuals who have made a plan to leave a legacy gift to The Foundation through their estate plans. Becoming a member is simple and comes with many benefits, including guidance on how to best allocate your gift, invitations to special events, recognition by Ellis in our publications, and potentially significant tax deductions.

More importantly, knowing that you will help future generations of Ellis patients receive unparalleled care in their times of need, just as the Lallys did, is a community-wide benefit.

Ken and Thelma Lally passed away almost a decade ago, but the generosity they showed throughout their lives still impacts us all today. We are deeply grateful for their support.



Kenneth and Thelma Lally