

ELLIS IMPACT

A NEWSLETTER FOR FRIENDS OF
THE FOUNDATION FOR ELLIS MEDICINE

SPRING 2026



Foundation Secures Funding to Launch a Midwifery Practice

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Foundation Secures Funding to Launch a Midwifery Practice

The Foundation for Ellis Medicine has been awarded an \$800,000 grant from the Mother Cabrini Health Foundation to enhance maternal health services through the establishment of a midwifery practice at Bellevue Woman's Center.

Ellis now has the opportunity to strengthen care for families by creating a more connected model that ensures women receive comprehensive gynecologic and prenatal care, with seamless support from pregnancy through postpartum.

This transformative investment will enable Ellis to significantly expand access to high-quality, equitable maternal care across the region, while directly addressing long-standing unmet needs among women and families in Schenectady and surrounding communities. Bellevue Woman's Center, the region's only standalone women's health facility, has long been recognized for its personalized, family-centered approach to childbirth. Bellevue offers 24/7 on-site OB hospitalists, anesthesia, and NICU support, ensuring safe and high-quality care during delivery. Ellis now has the opportunity to strengthen care for families by creating a more connected model that ensures women receive comprehensive gynecologic and prenatal care, with seamless support from pregnancy through postpartum. As the number of community OB/GYN providers declines, many patients face challenges accessing consistent care. Establishing a midwifery practice is an important step in meeting this growing need in our region.

Midwifery care offers families a compassionate, modern, and evidence-based option that emphasizes choice, education, and individualized support. The midwifery practice is planned to begin seeing patients in fall of 2026. For more information on services at Bellevue, visit their website.

Our community continues to benefit greatly from the generosity of the Mother Cabrini Health Foundation.



The Mother Cabrini Health Foundation is a private, nonprofit organization whose mission is to improve the health and well-being of New Yorkers, bolster the health outcomes of vulnerable communities, eliminate barriers to care, and bridge gaps in health services. Named after a tireless advocate for immigrants, children and the poor, the Foundation funds programs and initiatives across New York State, including many that reflect a variety of religions and faiths. The grantees provide either direct healthcare services or address the social determinants of health. For more information, visit <https://www.cabrinihealth.org/>.

We are deeply grateful to the Mother Cabrini Health Foundation for its continued commitment to advancing health equity and improving outcomes for families throughout New York State.



CORRECTION

In the Fall 2025 newsletter, the Foundation welcomed Maria Ntarelli, CFP®, BFA™, CRPC™, CDFA®, Private Wealth Advisor and Managing Partner of Inspire Confidence Group®, as a new Trustee. The newsletter incorrectly stated that Maria had more than \$1M in assets under management. The correct figure is more than \$1B in assets under management. We regret the error.

A Legacy of Learning: Three Generations of Giving

If one word could define the life of Dorothy Reynolds Horstkotte, it would be *giving*.

Dorothy gave to her patients as a compassionate nurse, to her students as a dedicated educator, and to her community as a generous volunteer. Most importantly, she gave her daughter, Lynn, a powerful example of how to live a life rooted in service.

Dorothy's connection to Ellis began in the 1960s as a student nurse. Over the years she served in many roles—nurse, medical records technician, instructor at the Belanger School of Nursing, health educator, school nurse, and visiting nurse. While raising Lynn and supporting her husband's medical practice in Schenectady, Dorothy also returned to school herself, earning both a Bachelor of Science and a Master of Education. She and her first husband, Dr. Preston Reynolds, traveled to Haiti to provide medical missionary services. Dorothy's life reflected a deep commitment to caring for others and advancing education.

In retirement, Dorothy and her second husband, Edward Horstkotte, continued that spirit of service by supporting local organizations and volunteering throughout the community. Dorothy believed giving was more than writing a check—it meant showing up—and she made sure to make it a family affair.

When Dorothy passed away, Lynn wanted to honor her mother in a way that reflected what mattered most to her: nursing, education, and helping others succeed. Working with the Ellis Foundation, Lynn established the Dorothy Horstkotte Nurse Educator Scholarship at the Belanger School of Nursing.

Through conversations about Dorothy's legacy, it became clear that while hospitals urgently need nurses, they must first have educators to train them. Becoming a nurse educator requires advanced degrees and certifications—often a



Dorothy Reynolds Horstkotte with the Makrin Family

financial barrier for talented nurses who want to teach. The Dorothy Scholarship helps bridge that gap. Lynn and her husband later met the first recipient, Melissa Prechtel, an instructor at the Belanger School of Nursing who is now pursuing her Nurse Practitioner degree.

Lynn also involved her children throughout the process, sharing stories of their grandmother and helping them understand the importance of giving back. To carry that spirit forward, the family established a Donor-Advised Fund (DAF)—a simple way to support the causes they care about while inviting the next generation to help guide their family's giving.

Through the Dorothy Scholarship and their Donor-Advised Fund, Lynn is honoring her mother's memory and continuing a family tradition of generosity—ensuring Dorothy's spirit of service lives on for generations to come.

CORPORATE PARTNER SPOTLIGHT:

Fenimore Asset Management

**FENIMORE**
ASSET MANAGEMENT

Investment advisor to FAM FUNDS

Fenimore Asset Management has long supported Ellis Medicine, driven by a shared commitment to the health and well-being of both employees and the communities they serve. That commitment traces back to the values established by founder Thomas O. Putnam in 1974: a research-driven, quality-focused, and disciplined investment approach, paired with service excellence. Those principles closely align with the foundations of healthcare itself—best practices, an unwavering focus on quality, and a dedication to meaningful, measurable outcomes.

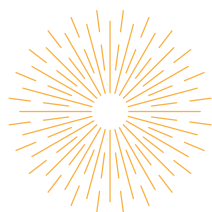
By adhering to these values, Fenimore has thrived for more than five decades. The same values-based perspective shapes how Fenimore engages with and supports organizations that strengthen individuals and families throughout the region, including its longstanding and valued partnership with Ellis Medicine.

Fenimore's support of Ellis extends beyond sponsorships to strategic investments in capital and services that promote continuity of care, provide clinical reassurance, and lead to better health outcomes for all who turn to Ellis for care. Together, this partnership reflects a shared, forward-looking commitment to long-term health, stability, and peace of mind for the community.



"Ellis Hospital has been essential to the fabric of Schenectady since before I moved to the city," said Anne Putnam, CEO of Fenimore Asset Management. "Their work in quality healthcare makes a positive impact on the community – practitioners and patients. Fenimore is proud to support their mission, both for today and future generations."

Through the leadership and generosity of partners like Fenimore Asset Management, Ellis is able to deliver outstanding, high-quality care with strength, stability, and compassion. Fenimore's commitment not only reflects deep respect for the people of our community but also reinforces the capacity of the health system to meet today's needs while preparing for the future. Together, this partnership ensures that individuals and families across the Capital Region can rely on trusted care—today and for generations to come.



INTERESTED IN BEING A PARTNER?

To learn more about corporate partnership opportunities, contact Rob Schmitz at SchmitzR@ellismedicine.org or 518.243.4881.



Impact of Philanthropy

Every day, your generosity helps shape healthier lives and a stronger community. Through your philanthropy, neighbors receive compassionate care, families find support in critical moments, and our community benefits from a healthcare system that is dependable and ready when it matters most. Thank you for choosing to make that difference.

Giving is a choice—your choice. With so many worthy causes, we are deeply grateful that you invest your philanthropy in Ellis Medicine. Your support ensures essential services remain strong and accessible for the people who rely on them every day.

A strong healthcare system is a cornerstone of community well-being. Philanthropic

support strengthens long-term wellness, improves health outcomes, and sustains meaningful employment across our region. From birth through life's later chapters, Ellis Medicine touches lives at many stages, providing care that is local, trusted, and patient-centered.

Read more on the following pages >



Top: The new surgical robot helps physicians provide cutting edge care, which means patients recover faster.

Bottom: Ellis' new Linear Accelerator provides state of the art treatment to patients needing radiation to beat cancer.

Philanthropy in Action: Cancer, Cardiac, and Critical Equipment

In the last year, donor support directly strengthened care in three of the hospital's most vital service areas: cancer care, cardiac and cardiovascular services, and essential medical equipment.

Ellis' partnership with Roswell Park Cancer Care Network continues to grow strong and provide cutting-edge treatment options to thousands in our region who might otherwise have to travel out of the area for care. Philanthropy continues to have a meaningful impact on what we can do, from offering state-of-the-art PET scans to supporting significant investments in cancer treatment, including the C-Arm. Offering advanced imaging and treatment technology, the C-Arm improves accuracy while protecting healthy tissue for some of the most difficult to detect lung cancers. These investments enhance diagnostic and treatment capabilities, allowing clinicians to identify cancers earlier, making it more treatable. For patients, this means clearer answers, more timely treatment, and care that remains coordinated under one roof, close to home.

Across the hospital, philanthropy funded **\$2.7 million in life-saving equipment** in 2025 alone—30% directed to cancer care, 54% to cardiac care, and the remainder to surgical and diagnostic services.

Cardiac and cardiovascular care also benefited from donor-funded investments. In 2025, philanthropy helped support new electrophysiology and cardiac catheterization lab systems, giving physicians greater precision during complex cardiac procedures. These tools support faster, safer interventions when minutes matter most, and ensure that patients do not need to leave the community to receive high-quality cardiac care. Exceptional cardiac and cardiovascular care has long been the cornerstone to Ellis' reputation and have been critical to recruiting and retaining exceptional physicians; and investments from philanthropy allow our providers to put their skills to the test and help individuals with a wide range of diagnoses.

Across the hospital, philanthropy funded \$2.7 million in life-saving equipment in 2025 alone—30% directed to cancer care, 54% to cardiac care, and the remainder to surgical and diagnostic services. These investments improve safety, efficiency, and outcomes for thousands of patients each year, while also supporting caregivers with reliable, modern tools to save lives.



Investing in People Who Deliver the Care

Philanthropy's impact extends beyond equipment and technology—it invests in the people who care for our community every day.

In 2025, donor support helped educate and retain the next generation of nurses and healthcare professionals. Philanthropy funded full tuition for 45 students at the Belanger School of Nursing—a \$200,000 investment in future caregivers. Additional funds supported tuition assistance for employees advancing their careers, conference attendance, certifications, and essential supplies for students and employees in need.

Philanthropy has also been critical to keeping the Living Room and Family Room doors open to individuals in crisis. These services have proven to be better options to seeking emergency room treatment for individuals facing a mental health crisis and have generated real savings for the community by providing the right level of care at the right time. Today, with community support we are proud to say that the Living Room provides urgent care crisis support to nearly 1,400 adults every year, saving the community more than \$3.3 million in Medicaid dollars. The Family Room continues to grow and reach more families who need supports for their children facing a mental health or behavioral health crisis. We anticipate that with expanding access to children ages 4 1/2 to 18 we create a stronger continuum of care for young people and their families.

These investments strengthen workforce stability, support professional growth, and ensure patients receive consistent, compassionate care from skilled clinicians who live and work in the community they serve.

Looking Ahead: Making a Meaningful Difference in 2026

The needs of our community continue to evolve—and so must our response. In 2026, philanthropy will remain essential to sustaining and strengthening care at Ellis. Continued investment in cancer, cardiac and surgical services, radiology and modern equipment, and workforce development will help ensure that access, quality, reliability and innovation remain strong for years to come.

The Foundation's **3E Campaign** – to support investments in **Equipment**, the **Environment** of Care, and **Education** continue to drive the work of Ellis Medicine. Together, we can build on our progress and make long-lasting improvement. Every gift plays a role in shaping care for our neighbors, families, and future generations.

Thank you for your partnership, your trust, and your shared commitment to the health and well-being of our community. We are deeply grateful to move forward together.



Ellis

MEDICINE | THE FOUNDATION

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Please let us know your preferred method of communication so we can stay in touch. Scan the code, call **518.243.4600** or email us at ellisfoundation@ellismedicine.org

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ELLIS IMPACT ♥

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ELLIS MEDICINE PRO-AM GOLF TOURNAMENT

Mohawk Golf Club

June 15, 2026



Two flights

MORNING FLIGHT - 7:30 AM Shotgun
(4 person scramble)

AFTERNOON FLIGHT - 12:30 PM Shotgun
(5 person scramble with PGA professional)

Sponsorships available!



For more information, contact Brittany Mancini at the Foundation for Ellis Medicine
mancinib@ellismedicine.com or 518.243.4092 or visit www.ellismedicinefoundation.org/events