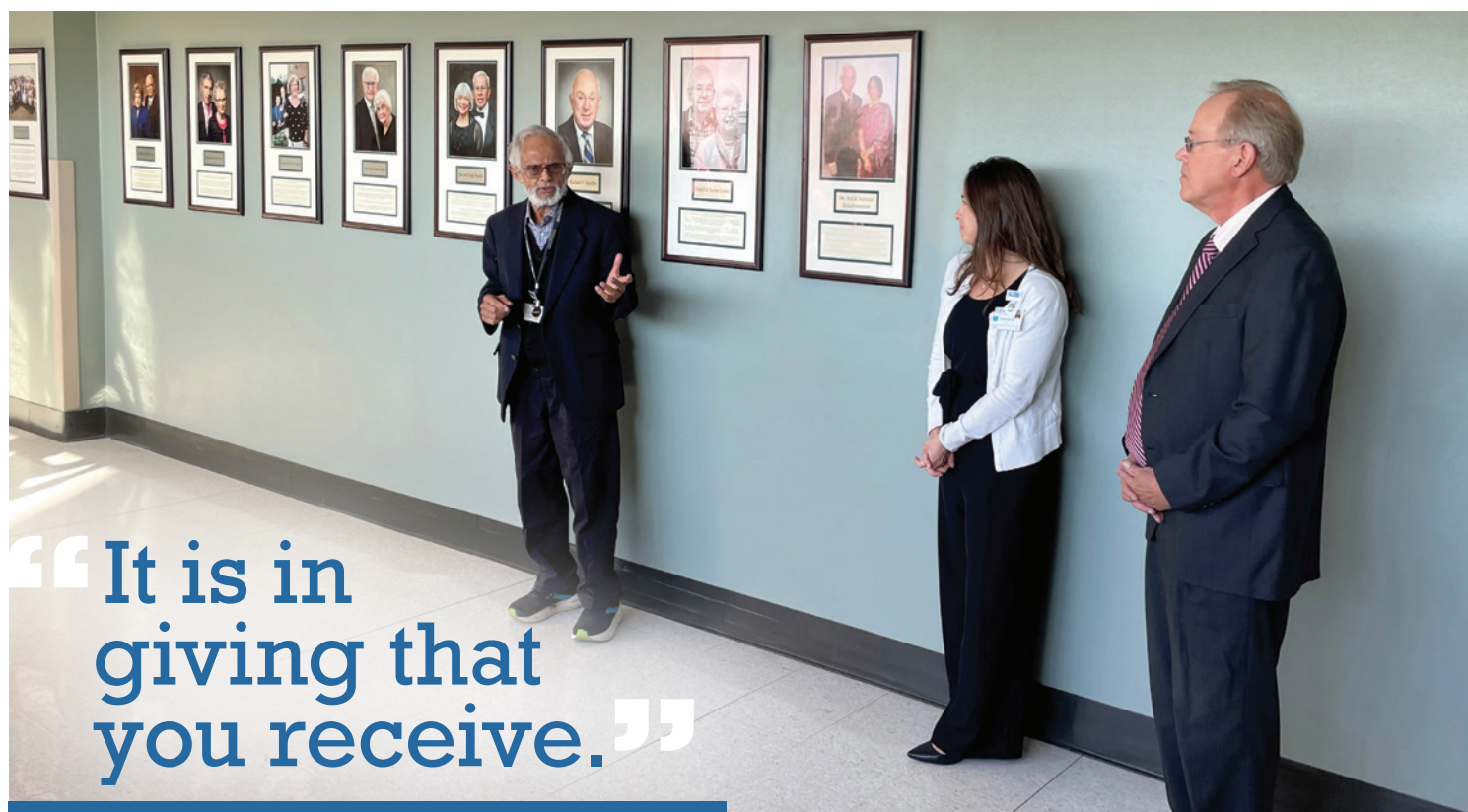


ELLIS IMPACT

Ellis
MEDICINE

AN ENDURING GIFT TO ELLIS:

Dr. Bala Leaves a Legacy of Care,
Compassion and Community

“It is in
giving that
you receive.”

Few words better capture the quiet, steady generosity of **Dr. Nadarajah Balasubramaniam, affectionately known as Dr. Bala**. A deeply humble man, Dr. Bala's actions speak volumes—without the need for recognition. Alongside his late wife, Dr. Arulnayagi “Arul,” the Balas dedicated their lives to medicine as Pathologists and to safeguarding the well-being of the community. Their decades of care and genuine compassion have left an imprint on Ellis that will impact generations to come.

Dr. Bala's extraordinary generosity, rooted in practicality, vision and smart planning, was enhanced earlier this year with a gift of life insurance to The Foundation.

Recognizing that the life insurance policy he once purchased to protect his young family was no longer necessary—as his sons are now grown and thriving in their perspective fields—he chose to gift its ownership to The Foundation for Ellis Medicine. The Foundation then surrendered the policy and used the funds to strengthen the endowment that already bears the Balas' name. By increasing the principal of this fund, Dr. Bala ensured that greater earnings will be available year after year, in perpetuity, to support Ellis Medicine and the countless patients who will walk through its doors.

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“It is only a matter of time before the services at Ellis become necessary for us as individuals or for those whom we love.” DR. BALA



Belanger School of Nursing. Each year, this award provides support to a second-year nursing student who demonstrates both academic excellence and financial need—helping future nurses carry forward the same compassion and dedication that defined Arul’s life and career.



Dr. Bala is honored at his induction to the Distinguished Donor Wall, which celebrates individuals whose extraordinary generosity has transformed Ellis

This thoughtful act transforms what was once meant for personal security into a promise of security for an entire community. It is a gift that will never expire—a perpetual source of strength and stability for Ellis, ensuring that compassionate, high-quality care will always be within reach.

For Dr. Bala, the decision to give was about responsibility. He often reminds others that healthcare is something none of us can take for granted: *“It is only a matter of time before the services at Ellis become necessary for us as individuals or for those whom we love.”*

This belief also led Dr. Bala to champion Ellis’ next generation of caregivers. When his beloved wife passed away, he created the Arulnayagi Balasubramanian, MD Endowed Memorial Award at the

Dr. Bala’s perspective is both humble and profound, rooted in gratitude yet focused on the future, ensuring that others will always have access to the care they need. Through his medical service, community leadership, and philanthropy, Dr. Bala has created a legacy that will never fade. His generosity lives quietly and powerfully, continuing to ripple outward—lifting patients, families, students, and caregivers now and for all time.

As Dr. Bala has been known to say, *“The secret of everlasting happiness is detachment.”* And yet, through his giving, he and Arul have become forever attached—woven into the very fabric of Ellis Medicine, and into the lives of the people it serves, in perpetuity.

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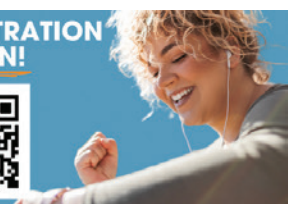
Ellis
MEDICINE

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THANKSGIVING DAY
NOVEMBER 27
CENTRAL PARK

REGISTRATION
IS OPEN!



Ellis Medicine's Annual Gala:

CELEBRATING COMMUNITY CHAMPIONS

**Become a Gala
patron today!**



The Gala for Ellis Medicine is a time to recognize and celebrate the remarkable individuals who have contributed to enriching and strengthening the community we all call home.



On January 24, 2026, at Rivers Casino and Resort, we are honored to pay tribute to two incredible families who have demonstrated unwavering commitment to improving the health and well-being of our community: Terri and Mark Little (top photo), and Dr. Nick and Melissa Montalto (bottom photo).

Terri and Mark have been champions for kids and families and actively involved in community projects for most of their professional lives.

Mark, former Chair of Ellis Medicine's Board of Trustees, provided steady leadership during one of the organization's most challenging times. His distinguished 37-year career with GE reflects the same commitment to excellence and service that he brought to Ellis.

During his tenure, he spent 27 years in GE's Power business, leading its engineering organization and running multiple billion-dollar global businesses. In his last 10 years, he led GE's Global Research organization and was GE's Chief Technology Officer, responsible for 50,000 technologists around the world.

Terri, a retired teacher, has long been devoted to local causes and initiated the family's deep connection to Schenectady. Through their family foundation they have helped many local and international organizations in healthcare, higher education, youth support organizations, homeless shelters, affordable housing, food insecurity, library resources, under-resourced mothers and children, and childcare. Their co-founded program Rise High, a Science, Technology, Engineering, and Math initiative for Schenectady-area youth, is a point of great pride for them both.

Mark and Terri feel the strength of a community is built on the foundation of giving – giving of your time, your expertise and your resources. Their deep commitment to the community has helped many individuals and families overcome obstacles, succeed and ultimately thrive.

Dr. Nicholas Montalto is a Gynecologic surgeon who has helped countless women, from bringing new life into the world to treating pain, infertility, and other medical issues. While still practicing surgery, Nick has more recently taken on the role of Chief Medical Officer at St. Peter's Health Partners and formerly at Ellis Medicine. His leadership is both respected by

colleagues and comforting for patients and families. Dr. Montalto has been at the forefront of women's surgery, performing the first robotic tubal reversal and single incision hysterectomy in the Capital District. He has also taught many of his fellow surgeons and mentored residents in minimally invasive gynecologic surgery. Nick earned his bachelor's degree from Villanova University, his medical degree from St. George's University, and completed his residency at SUNY Upstate Medical University in Syracuse.

Melissa Montalto is the founder and owner of Longevity Functional Fitness, dedicated to the strength and conditioning of clients in their 20's to some in their 80's. Her focus has always been quality of life and confidence through strength of body. She has helped many clients make transformative health changes and achieve personal and physical wellness. Her dedication to helping others find mental and physical balance through movement reflects the same spirit of care and compassion that defines the Montalto family's contributions to our community.

Ellis Medicine is deeply grateful to Terri and Mark, and Nick and Melissa for their resolve to improving the health and wellbeing of families in our community. Their extraordinary contributions inspire us all and serve as a reminder of the power of compassion and commitment.

Please join us in celebrating these remarkable families at The Gala for Ellis Medicine on January 24, 2026, as we honor their invaluable impact on our community.

Foundation Investments in Ellis

(SEPTEMBER 2024 THROUGH SEPTEMBER 2025)

SUPPORTING EQUIPMENT, ENVIRONMENT, AND EDUCATION



Education

EMPOWERING THE WORKFORCE FOR THE FUTURE

At the heart of every great hospital is a dedicated and skilled workforce—one that is constantly evolving to meet the changing needs of the community. Ellis ensures that our physicians, nurses, technicians, and other caregivers—today and in the future—are prepared for the evolving needs of our patients.



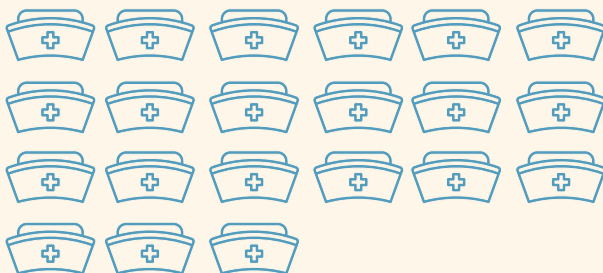
\$35,666

on tuition for Ellis employees going to school to become a Nurse



\$17,423

on tuition for RNs to get their Bachelor's, Masters, or an advanced degree



Provided **21 Awards**
to Belanger School of Nursing Students,
totaling **\$53,450**



Philanthropy paid full tuition for

45 students

at the Belanger School of Nursing, in exchange for a commitment to work at Ellis post graduation, equaling nearly a

\$200,000 investment in future nurses



\$26,358

for nurses to attend national conferences and/or earn certifications and stay up to date on best practices to support our patients



\$25,907

to help students in need at the School of Nursing to pay for books, uniforms, stethoscopes and shoes

Equipment

DIAGNOSTIC AND TREATMENT

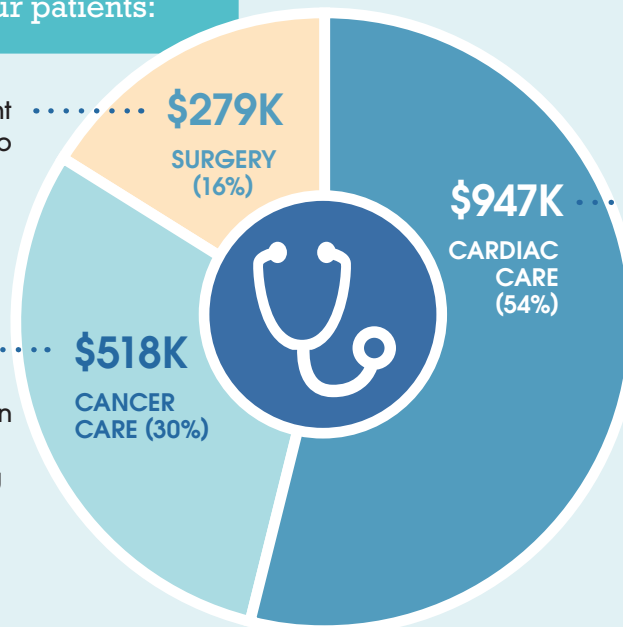
Thanks to your generosity, Ellis invested **\$1.7 million** in life-saving equipment, innovative technology, and safer treatments for our patients:

Advanced medical equipment is the cornerstone of high-quality care and better patient outcomes.

By continually upgrading our technology, we can offer pioneering procedures that result in faster recovery times and fewer complications.

New imaging equipment and safety technology to make procedures more precise and effective.

Advanced imaging and treatment technology enhance accuracy in radiation therapy, protecting healthy tissue while precisely targeting cancer cells.



New electrophysiology and cath lab systems give physicians greater precision and accuracy during cardiac procedures.

Environment

HEALING SPACES

Philanthropic investments in the environment of care help to improve patient and staff safety, comfort, and ultimately influence positive patient outcomes.

- **\$31,251 for K9 Security and dog therapy programs** at Ellis help to keep patients, visitors, and staff safe and comforted.

Philanthropy funded the salaries of 3.5 staff in the Living Room.

- The Living Room crisis team met with **1,042 individuals** facing challenges such as anxiety, depression, trauma, and relationship stress.
- By providing immediate care and connecting guests with ongoing resources, the team brought hope and healing and also saved the County an estimated **\$2.9 million** in medical services.
- The Living Room maintains a **98%** Emergency Department crisis diversion rate.
- **Thanks to philanthropic investments of \$416,000, the new Family Room** — a walk-in crisis service for adolescents — is a welcoming place where youth in crisis can find hope and help. Averaging **30 guests** each month, teens as young as 10 turn to the Family Room for support with challenges ranging from self-harm and anxiety to depression and bullying. Your generosity keeps this vital service open and has expanded offerings to include support groups, giving young people a safe space to heal and grow.



Shaping the Future:

JAMES BARNES TO LEAD ELLIS FOUNDATION BOARD

The Ellis Foundation is entering an exciting new chapter of growth with the election of **James Barnes, Esq.** as Chair of the Board of Trustees. A trusted member of the Foundation Board since 2015, James has been a driving force in shaping a clear vision for the future—one that ensures the Foundation remains strong, independent, and dedicated to supporting Ellis Medicine.

Under his leadership, the Foundation recently completed a comprehensive Strategic Plan that sets a path for long-term success. "Our community can be assured that all funds entrusted to the Foundation will stay here, invested in healthcare at Ellis Hospital and stewarded by the Foundation Board," James said. "That commitment will never change."

As Ellis Medicine works toward closer alignment with St. Peter's Health Partners, the Foundation is poised to

expand its role in strengthening care for patients and families. Donor generosity will be the driving force that makes this vision possible—improving healthcare today and ensuring access for generations to come.

James' professional life reflects the same values of service and stewardship he brings to the Foundation. As a shareholder with Burke & Casserly, PC, he has built a distinguished career in elder law, trusts and estates, and business succession planning. He also serves as Chair of the Fellows of The New York Bar Foundation, where he champions access to justice and supports charitable initiatives across the state.

With James' leadership and the generosity of donors, the Ellis Foundation is positioned for meaningful growth and lasting impact in our community.



“Our community can be assured that all funds entrusted to the Foundation will stay here, invested in healthcare at Ellis Hospital and stewarded by the Foundation Board. That commitment will never change.”

In addition, the Foundation Board elected four new Trustees to serve three-year terms.

Rita Dillon

PRINCIPAL, RITA F. DILLON AND ASSOCIATES

Rita Dillon is an experienced executive coach, organization effectiveness consultant, and leadership development strategist. As principal of Rita F. Dillon and Associates, she works with start-ups and Fortune 100 companies across the globe building entrepreneurial capabilities and coaching executive leaders and their teams through transformational culture change. Rita holds a master's in educational psychology and a bachelor's in mathematics and education from The College of St. Rose. She is a past member of the Board of Trustees of St. Rose and a former member of The College's Business Advisory Board and the National Alumni Board. She is grateful to be able to give back to her community as an Ellis Patient Volunteer, at the Belanger School of Nursing and at Jack's Place. Rita and her husband, Jim, live in Schenectady and have two adult children and grandchildren.



Deb Foley

COMMUNITY VOLUNTEER

Deb Foley, a community volunteer, holds a Master of Science in Exercise and Sport Science, with a concentration in Sport Psychology, from Ithaca College and a bachelor's from Russell Sage College, and has worked as an athletic trainer at a variety of colleges, and as assistant director alumnae relations at The Sage Colleges. As a health and exercise advocate, Deb tries to meet people where they're at, giving them different tools and options to help them achieve their goals. Deb and her husband, Mike, and their children live in Niskayuna.



Patrick McPartlon

DIRECTOR FINANCE, KINGSWAY COMMUNITY

Patrick McPartlon, Director Finance at Kingsway Community, is a healthcare finance leader passionate about driving better health outcomes with a focus on organizational excellence and mission-driven fiscal stewardship. He earned his Bachelors in Business Administration from Babson College, MA, and has served on the Niskayuna Town Board and the Joan Nicole Prince Home. Patrick and his wife, Sarah, live in Niskayuna with their two young children.



Maria Natarelli

PRIVATE WEALTH ADVISOR, MANAGING PARTNER, INSPIRE CONFIDENCE GROUP AND INSPIRE NETWORK

Maria Natarelli, CFP®, BFA™, CRPC™, CDFIA® Private Wealth Advisor, Managing Partner of Inspire Confidence Group and Inspire Network, has worked in multiple roles in the financial service industry since 2007, working her way up to Owner. Maria works directly with families to inspire confidence, simplify life and reduce stress through a collaborative advisory relationship. She leads a team of 34 throughout the country with more than \$1B in assets under management. Maria excels at bringing people together, organizing around them, and mobilizing resources to achieve and exceed expectations. Maria and her husband, Tim Pfeiffenberger, live in Niskayuna.



Ellis

MEDICINE | THE FOUNDATION

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ELLIS IMPACT

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SAVE THE DATE

THE GALA

FOR ELLIS MEDICINE

JANUARY 24, 2026
RIVERS CASINO & RESORT

